



<http://www.parkdalecommunity.com>

July 2013



PCA Family Day Draws a Crowd

By Bill Biccum, Executive Director, PCA

With perfect weather and high attendance, a great day was had by all at the Parkdale Community Association (PCA) Family Day on June 13 at the Parkdale Community Centre. Many thanks to our sponsors, Alderman Druh Farrell (through Council Strategic Initiatives Fund), Kensington Lion's Club, Lube Town, Cheesecake Café (Kevin Taylor), and the Board of Directors of the PCA.

More than 250 people attended the event, where they enjoyed a great barbeque lunch prepared by the dedicated volunteers at Kensington Lion's Club. Butterfield Acres created a lot of excitement when they arrived with piglets, baby goats, sheep, bunnies, and geese, including the arrival of two new eggs once everyone got settled in!

The crafts tables were a great hit this year; it was gratifying to watch children take great effort into creating the most unique craft projects. From ladybugs to miniature kites, they each individualized their projects to make them the special creations they took home. I even saw a few Moms and Dads creating a few of their own projects.

This was one of our most successful soccer seasons and this year the soccer awards were handed out during the Family Day celebrations. It was such a pleasure seeing the smiles on the faces of the children and their families as they received their awards. Well done kids!!

Our Garden Committee was at the event, sharing their ideas and plans about the proposed community garden. Part of the plan includes a quilt-style mural made of ceramic tiles at the entrance to the garden. Over 75 individuals sponsored a space at the event, and will soon be designing their own special tile to be included in the mural.

Building community happens one event at a time, and the Parkdale Community Association looks forward to planning more family events throughout the year. However, these events can only be successful if we have enough volunteers to help with planning and implementation; if you have some time to volunteer, even if it is only an hour at a time, please let me know by e-mailing me at bill.biccum@parkdalecommunity.com.



PCA AGM Sets New Goals for Board

By Colin Brandt, Director, Communications, PCA

Parkdale citizens, members of the PCA Board and both current and aspiring members of City Council joined the PCA Executive at Parkdale's Annual General Meeting (AGM) on Thursday, June 13. Key items on the agenda included a summary of the year's events by President, Darcy Morgan, a financial update and budget motions from Treasurer, Paul Neave and updates by members of the Board regarding their respective portfolios.

After opening words from Alderman Druh Farrell in which she noted the PCA's fiscal turnaround, she signaled that the community had the opportunity for a fresh start following years of legal and fiscal challenges. Alderman Farrell also threw her support behind the recent initiatives by the PCA Board and Planning & Development (P&D) Committee to prevent the construction of a new parkade by Alberta Health Services (AHS) upon the environmentally sensitive escarpment north of Parkdale.

After Alderman Farrell conceded the floor, President Morgan delivered an update of the key initiatives and ongoing projects the PCA had focused on in the last year, including our ongoing and extremely successful Farmers' Market on Wednesdays, record rentals and soccer registrations, a spike in PCA memberships and the development of the PCA's own web presence at <http://www.parkdalecommunity.com>.

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Parkdale Community Association Board of Directors

President (Executive)	Darcy Morgan.....	209-1255.....	darcyhmorgan@gmail.com
Vice President (Executive)	Trevor Davison.....	695-7521.....	trevor.davison@o2design.com
Treasurer (Executive)	Paul Neave.....	270-4531.....	paulneave@shaw.ca
Secretary (Executive)	Quentin Enns	247-8930.....	qenns@telus.net
Past President	Brian Franks.....	681-4811.....	yyctubesteaks@gmail.com
Director, Communications	Colin Brandt	988-3632.....	colinbrandt@gmail.com
Director, Tree Huggers	Kara Hallett	630-5965.....	parkdaletreehuggers@live.ca
Director, Community Garden.....	Audrey Smith.....	283-2457.....	audreysmi@gmail.com
Director	Marcel Hebert.....	(587)229-1981	Hebertm@shaw.ca
Director, Farmers' Market.....	Steve Lemp.....	283-0130.....	s.lemp@shaw.ca
Director, Healthy Aging & Seniors	Ruby Miller	283-8332.....	r.e.miller@shaw.ca
Director, Soccer.....	Traci Nayeri.....	829-2567.....	traci@tracinayeri.com
Director, SSASDC/SSASPG.....	Vince Walker	270-3207.....	vnwalker@telusplanet.net
City Representative (non-voting).....	Gini Clark	221-3981.....	virginia.clark@calgary.ca

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Calendar of Events

Upcoming Events

- Rock the Bow, 8:00 - 11:00 pm, Friday, July 19, 2013, PCA
- Saturday Night Fever, 7:00 pm, Saturday, October 5, 2013, PCA

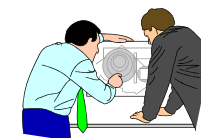
Ongoing Events

- PCA Board Meeting
Last Tuesday of every month (except July, August and December) starting at 7:00 pm, Main Hall, PCA Complex
- PCA Planning & Development Committee
Second Tuesday of every month (except July, August, and December) starting at 7:15 pm, Main Hall, PCA Complex - residents welcome
- Indoor Farmers' Market
Every Wednesday from 2:30 - 6:30 pm, PCA Complex

Parkdale Community Association (PCA) Office Hours

The PCA Office is usually open 7:30 am to 3:00 pm Monday to Friday. Please call or e-mail and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

Telephone: 283-5767
E-mail: office@parkdalecommunity.com
Address: 3512 - 5 Avenue NW, Calgary, AB T2N 0V7



Planning & Development (P&D) Committee Update

By Judy Hoad, Chair, Planning and Development Committee, PCA

The standard business of the P&D Committee normally focuses on reviewing and responding to Development Permit (DP) applications as well as representing our community on various committees and working groups that focus on larger policy and development issues. Below is a brief comment on the contextual approvals in our community and information about larger policy planning processes, the Neighbourhood Activity Centre and the Alberta Health Services (AHS) Foothills Medical Centre (FMC) proposal for a 1200 vehicle parking structure on the green slope adjacent to Parkdale.

Contextual Approvals: This year we have had fewer formal DP applications as a significant number of the new houses you see under construction were approved by the City under the "contextual process," which means no community input is sought or considered. We continue to monitor this process and keep a record of the "contextual" approvals. These approvals have not yet been tested through an appeal to the Subdivision & Development Appeal Board but we do know that such an appeal could be launched.

If you have concerns about a specific single or semi-detached dwelling under construction, please contact Bill Biccum at the PCA office and ask to review the plans. If you have concerns with the approved plans, you can contact the approving development officer and discuss those concerns. We also encourage you to inform the Ward Alderman and our P&D Committee of your concerns. We are prepared to support residents who wish to launch an appeal if we are made aware of a "contextual" approval that does not respect the adjacent landowners or the community context.

Planning Processes: Committee members represent Parkdale by attending meetings on policy and planning issues that impact our community. In addition to the AHS Working Group, those processes include the Shaganappi Trail Corridor Study, Transforming Planning workshops and the South Shaganappi Area Strategic Planning Group. We are a busy group and if you have time to give us a hand, please contact me or attend our meetings on the second Tuesday of each month, except for July and August.

Neighbourhood Activity Centre: This plan focuses on the commercial area around Parkdale Crescent NW and includes the local businesses. The recommendations include improvements to parking, street landscaping and a plaza for public use in the summer months, as well as an additional crosswalk on 3 Avenue NW. The policy document was approved by the Calgary Planning Commission on June 6 and will be considered by Council on July 22. If you would like more information please

go the City website, <http://www.calgary.ca> and search Parkdale Neighbourhood Activity Centre.

AHS Parkade: We want to thank the over 70 residents who have written letters to decision-makers expressing their concerns. We know our voices are beginning to be heard.

Over the last two months, P&D Committee members have continued to advocate for a different location for the proposed parkade and, more importantly, for a comprehensive FMC Master Plan. Three community representatives are participating on an AHS Working Group and both the AHS and the City of Calgary are aware of our concerns and position.

On June 6, AHS released a Request for Proposal (RFP), asking for interested parties to submit proposals to undertake the work of determining a location and developing the preliminary design for a new 1200 stall parkade; a small win as the location appears to be up for evaluation. However, we will not slow our efforts, and as AHS moves forward in the process, we will continue to be involved and keep you informed. We remain committed to honouring the statement that "The Southern slope will remain on site as is and will not become a building site."

Please note the above information is current as of June 10, 2013. Questions may be directed to Bill Biccum at the PCA Office, (283-5767 or office@parkdalecommunity.com) or to me at Judy. Hoad@shaw.ca.



Volunteers Needed... No Experience Required!

By Marnie Schmidt, Casino Coordinator

The Parkdale Casino will take place on Friday August 23 & Saturday August 24, 2013. The community casino is a great way to volunteer your time and support the community in which you live.

This fundraiser is a significant contributor to the Parkdale budget and provides many benefits to our community. The funds raised during this event provide the community with the funds to operate and maintain our facilities. In addition, these funds also pay for our soccer program, our community newsletter and a portion of our administrative overhead. Our last casino (in February 2012) contributed over \$67,000 to the community bank account, and is the largest single fund-raising event that the community undertakes. As this event occurs only once every 18 months, it is important that we properly support this casino with strong participation from the community.

The casino runs over two days, with two shifts per day. This is a commitment of over 38 volunteers! There is no experience needed for any position and each position varies in responsibility.

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It is a great way to meet other members of your community, neighbors and even volunteer with a friend to catch up! The available positions are:

- General Manager
- Banker
- Count Room
- Cashiers
- Chip runners

It is always a challenge to recruit the number of volunteers required to make the casino a success. Parkdale requests your support! Please contact Marnie Schmidt at marnieschmidt@mac.com or 680-9616 for any additional information and scheduling.



Parkdale Farmers' Market

By Bill Biccum, Executive Director, PCA

The Parkdale Farmers' Market is now open from 2:30 to 7:30 pm. We extended the hours to accommodate residents who haven't been able to attend due to work commitments. New to the Market are: jerk chicken with rice, curried chicken, meat pies, lasagna, Sheppard's Pie, cabbage rolls, fresh cooked pasta and gourmet sandwiches. Along with all the fresh vegetables (both organic and non-organic), fruit, baked goods, and meat products, you can either pick up a prepared dinner for your family or all the fixings to create your own.

From skin products and lotions, to hand made market baskets, the Parkdale Market offers a wide variety of food and non-food products; most are either grown or made in Alberta. Buzzy Bee, one of our original vendors has attracted a number of regular customers who would not purchase honey anywhere else.

Maureen, from Lia Sophia is now here on a weekly basis, selling a wonderful selection of women's jewelry to accessorize all your casual, business and evening wear.

Be sure to stop by Shirley's Greenhouse, where Dawn sells produce products which are hand-picked the day of the market. Another favorite is William and Gabby at Roger's Farms, who sell both organic and non-organic fruits and vegetables. Stop by Family Squeezed Lemonade, where Julie sells freshly squeezed lemonade by the liter.

Another favorite is the Blamwich Gourmet Food Truck. Margie and Michaela sell freshly prepared soups, gourmet sandwiches, hot pasta dishes, and more. For all of your food storage containers, Jen from Tupperware is at the market to assist with your needs. Be sure to stop by Solstice Berry Farm, and try one of their incredible Saskatoon berry pies.

BC fruit is arriving on a weekly basis now, and we have been enjoying the fresh products picked just for our Market. Lyndon, from Apple Lady sells an incredible variety of fruits and produce, grown in Oliver BC, and is quite knowledgeable about the products they sell.

Dor-Bel International Foods takes great pride in selling seafood which is certified "Ocean Wise" which mean the products are abundant and resilient to fishing pressures; well managed with a comprehensive management plan based on current research, harvested in a method that ensures limited by-catch on non-target and endangered species, and are harvested in ways that limit damage to marine or aquatic habitats and negative interactions with other species.

Roaming Alberta Meats, founded by Meaghan Riopel, is a Calgary based company. Their farmers, Brian and Amanda Newton, own and operate Bison Coulee Contracting out of Trochu, Alberta – one of Alberta's top grazing areas. Not only do they care for – and care about the animals they raise, but they offer a focus on top quality bison production by following industry developed best practices. They are a young and innovative couple who are constantly seeking ways to improve the comfort and quality of their animals. Brian and Amanda are well recognized in the industry and have won several awards through the Bison Producers of Alberta. They are excited to work with Roaming Alberta Meats to improve local consumer access to their premium herd.

Parkdale Farmers' Market. Think Dinner...Think Market!



Parkdale Community Association Strategic Plan

Your community, your voice

The PCA has recently undergone an assessment and revision to our Strategic Plan, and as part of that plan we would like to hear from you.

Below is our proposed vision and mission for the PCA, as well as a series of outcome-based goals we are looking at for the 2013-2016 period.

Please take a moment to review the goals and our ideas to help achieve those goals. Please feel free to provide suggestions, additions or comments to communications@parkdalecommunity.com or at the PCA's new website, <http://www.parkdalecommunity.com>.

Vision

A welcoming community where safety, beauty, and diversity inspire friendships among residents.

Mission

Our purpose is to create gathering places for connecting the

residents of Parkdale and surrounding communities by:

Providing engaging activities

Supporting beautiful surroundings

Providing useful facilities

Establishing a strong communication network

Creating strong partnerships

Managing the Association well

Goals for 2013 – 2016

Outcome: Beauty of PCA Campus and community drawn people in and creates a sense of ownership

- New community garden
- Repairs to the PCA building and improvements to the look of the community building
- A new window on the north wall, facing the proposed Community Garden
- New marker program for inspirational gardens in the community
- Prevent FMC parkade and protect the long-term future of the escarpment
- Heritage Committee
- Tree Hugger Urban Canopy Initiative

Outcome: The form and function of the campus draws people in and meets the needs of the community

- Pave skating rink to improve ice quality and improve summer use
- East side access to outdoor space
- Extend driveway on back side of building for Farmers' Market expansion
- New floor in the building
- New dishwasher
- Develop and implement plan for facility and equipment upgrades

Outcome: Desirable events generate revenue and engage the community

- Saturday Night Fever fundraiser
- Family Day – June 15
- PCA Farmers' Market
- Children's Christmas Party
- Winter Skating Party
- Stampede Breakfast
- 60th Anniversary Event
- Halloween Party

• Wine and Cheese fundraiser

• Murder Mystery weekend

Outcome: Programs and Services based on community desires and needs

- Parkdale Soccer Program
- PCA Farmers' Market
- More programs for families and youth:
 - o Mom and Tots Program
 - o Craft lessons
 - o Dance programs
 - o Child/teen dance classes

• Live music venue

• Ballroom dancing classes

Outcome: Strategic, relevant and timely communications engage the community and beyond

- Continued build-out of PCA website (<http://www.parkdalecommunity.com>)
- Development of community-wide e-mail list
- Long-term strategic assessment of Parkdale newsletter and potential redesign
- PCA expands their social media presence
- More outdoor advertising (bright signs, billboards)

Outcome: Partnerships with external stakeholders to create a stronger sense of community

- Increased partnerships and involvement with:
 - o South Shaganappi communities
 - o Alberta Health Services
 - o Morpheus Theatre
 - o Parkdale Nifty Fifties
 - o Westmount Charter School
 - o Woods Homes
 - o Community businesses
 - o The City of Calgary
 - o Calgary Community Day Services
 - o University of Calgary Ballroom Dance
 - o Lions Club
 - o Foothills Academy
 - o Colonel Belcher Care Centre
 - o Parkdale United Church

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- o St. Bernard's Parish
- o Point McKay and surrounding communities

- Create a new board position to manage and monitor this goal

Outcome: The PCA is well managed and ensures long-term sustainability at a business level

- Continued excellent financial stewardship and balanced budgets
- Increase in number of full-time/part-time staff to manage new and existing programs
- A volunteer database and coordinator
- Better management of grants and funding
- Director of social events (please see notice on page 14)
- Manager of rentals and finances
- Casino volunteering

Outcome: Parkdale is diverse, open-minded and inclusive

- Track community demographics
- Work with the City to help address the needs of low-income residents
- Facilitate the continued development of high-quality affordable housing
- Invite and include every member of the community to events
- Calgary Community Day Services use facility at a discounted rent
- Continue to allow renters to participate in the PCA
- Provide a table at the Farmers' Market to assist not-for-profit organizations in outreach and fundraising
- Talk to stakeholders in Calgary's immigrant community to provide a space for outreach and support



Escarpment is a Place for Healing

Submitted by Colin Brandt, Director, Communications, PCA

The following was excerpted from a comment thread on <http://www.parkdalecommunity.com> and was reprinted with the author's (Colleen Amundson)

permission. To learn more, get involved and add your voice to the conversation about Calgary's best community, visit <http://www.parkdalecommunity.com>.

We have been residents of Parkdale for over seven years now and have watched the community grow and thrive with new families

moving in all the time. Our community has many families, mine included, who enjoy the escarpment in all seasons. We walk our dog, we go tobogganing, we ride our bikes and generally enjoy the fact that the green space is there in our very own inner city "back yard."

A previous commenter on <http://www.parkdalecommunity.com> mentioned that Tom Baker patients use the benches to enjoy the view and watch the children...I know this to be true, as my husband spent much of last summer and early fall as a bone marrow transplant patient in the Tom Baker.

The green space and benches proved to be a godsend for us - not only did it give him a space to reflect and enjoy the view, it allowed my six year old daughter to visit with her father. Small children are not allowed on the patient floors, but this way she could visit with her father almost every day after school.

This was huge in his recovery and I am sure it means so much to other patients at the Foothills as well. The escarpment is a view of life: sun shining, snow falling, children playing, birds singing, dogs barking, etc. To replace it with a concrete structure just doesn't make sense when there is a perfectly acceptable area where the new Tom Baker will be.

The photo was taken in September, during the pre-transplant medications etc. The smiles on their faces are what makes this one of our favorite pictures.



House Move

By Deb Curley, P&D Committee

It has been a long time since a house in Parkdale has been moved in the wee hours. Residents of 35A Street NW

had an interesting few days watching Wade's House Moving (<http://www.wadeshousemoving.com/>) prepare the sold house at 539 - 35A Street NW to begin its journey to Medicine Hat. All agreed it was amazing to watch the crew raise the house onto long girders, and how quickly and efficiently the house was in the middle of the street, well secured for the move. The crew assembled around midnight on June 13 where they checked and rechecked all the restraints on the house preparing for the 1:00 am start. An officer from the Calgary Police Service arrived shortly after midnight with paper work, conducted a walk around with the crew, again checking the secure restraints with the driver. Promptly at 1:00 am, a Wade's truck and Calgary Police Service car lead the way westward along Bowness Road NW. The empty site will be under construction soon, ready for a new semi detached dwelling.



West Campus Development Trust: Getting Things Done

By Emily Allert-House, Communications and Marketing Lead West Campus Development Trust

On June 11 and 12, West Campus Development Trust held a series of conversations with residents of the surrounding communities, University students, staff and faculty as well as others who are interested in the West Campus lands and our proposed approach.

Thank you to everyone who stopped by to see the updated Plan and have a conversation with us. It is a true honour to be working for the University on this Plan, and these events remind us again of the great many passionate people who live and work in the West Campus area! The materials from our events are available on our website. Please let us know if you have questions about them.

Whether you were able to attend or not, we hope that one message is clear from our activities: we value your input in this Plan. As our vision states we aim to achieve a vibrant and sustainable community that enhances University life and harmonizes with the surrounding communities.

Our June events signaled a transition into another stage of the process — an application for land use amendment with the City of Calgary. While the application process is within the City's control, we hope to be at Council for approval by May of 2014.

As part of the application process, the City will circulate the application to stakeholders (including impacted community associations) with comments to be submitted directly to the City. In addition, the land use application will be subject to a full public hearing and Council approval.

If, at any time, you wish to ask questions or discuss issues, please contact us. We remain committed to listening to our stakeholders as we move forward.

Visit our website for the most current information about the Trust and its activities: <http://www.wcdt.ca>.

Thank you for your continued support and participation!

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PCA AGM Sets New Goals for Board

"All of the initiatives launched by the PCA are about creating a place to gather and exchange ideas and make friends here in Parkdale," said President Morgan. "Through our community partners, the hard work of members of our Board, many volunteer hours and in particular the commitment of the PCA's full-time employee Bill Biccum and part-time employee Danette Oien, the PCA is in a stronger place than it has been in many years."

Following his address, the collected members paused for a moment of silence to honour former members of the PCA who gave many years of their time to the organization, including former President, Bernie Novokowsky.

As President Morgan left the lectern, he passed the microphone to Treasurer Paul Neave, who provided highlights of the 2012 fiscal year's audited financial statements, noting that the PCA was fiscally solvent and passed a balanced budget for the first time in many years. After presenting a motion to the assembled Parkdale residents, the financial statements were approved unanimously, as was the nomination of the Board itself.

The final component of the AGM focused on reports from volunteers, employees and Board Members on their respective portfolios. Highlights included a call for Casino Night volunteers by Marnie Schmidt, a proposal for distributed event management support and multiple events throughout the year by Tanya Massey, an update and goals for the Farmers' Market from Steve Lemp and the introduction of new Board member Audrey Smith, who is spearheading the new community garden initiative.

Wrapping up the AGM was an information session and Question & Answer session delivered by P&D Committee Chair, Judy Hoard regarding the ongoing situation regarding the new AHS parkade. She noted that the Request For Proposal (RFP) had gone out from AHS, but that the RFP had been adjusted to include an assessment to determine where a new parkade would best be situated on the site, and noted that the P&D Committee and members of the South Shaganappi Communities Strategic Planning Group are continuing to engage with AHS to help facilitate the development of a new master plan for the Foothills Medical Centre, on the premise that the parkade will not be built on the escarpment.

Following the session, President Morgan noted the engagement and dialogue during the meeting. "It is these kinds of conversations that build our community and create the bonds that cement us together. It's a special thing that goes with being a very special community."



ROCK THE BOW

A Parkdale fundraiser to support
Calgary's riverside communities

Dancing, live band and DJ

Friday, July 19, 2013


8:00pm - 11:00pm


Parkdale Community Association
Pierson Hall
3512 - 5 Avenue NW


For tickets and more information, visit
parkdalecommunity.com/rockthebow



Century Homes Calgary 2013

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 [Forward to a Friend](#)



old homes - great stories
**CENTURY
HOMES
CALGARY**

We Want You Back!

We want you back because you're part of what made Century Homes Calgary a success! Many thanks for your time and commitment in 2012.

In addition to your valuable contribution of capturing the stories and history of your home, you also engaged Calgarians in understanding why built heritage is important and what it contributes to our city.

Why Come Back?

Calgarians want the project to continue because they want the opportunity to see more of Calgary's heritage homes.

What's Involved?

Please sign up by going to www.centuryhomes.org and clicking on the Sign Up button. Upload a digital photo of your house to used in the tour map.

You can use your sign from last year. If your sign was destroyed by Calgary weather or you've recycled it, we'll gladly provide you with another one.

What's Up for 2013

This year's goal is 750 homes including ones younger than a century. We're encouraging owners of nonresidential buildings- churches, schools, businesses - heritage buildings to participate. Encourage your neighbours or a church, school or business to sign up as well.

Parkdale Community Garden and Gathering Space

By Audrey Smith, Chair, Garden Committee

The time has come for Parkdale to have a significant communal garden and gathering space, where our residents and members of the PCA can enjoy enhanced opportunities to share, learn and play together. Our aim is to add to the cultural experience and vibrant energy of our community by offering a venue for many kinds of wonderful activities, along with pure gardening.

An initial design (please see below) has been generated for this space which has many elements, including a large circle of raised garden beds, an herb garden, pavilion, a food forest and sculpture garden, open leisure spaces, a greenhouse and utility area. Two pages of the nine page concept board are at the bottom of page 11.

This preliminary design is being discussed and shaped by a group of committee members who are preparing to make an application to the PCA Board for formal approval to move forward with this multi-phased project. A large poster of the proposed design for the garden/gathering space is available for viewing at the Parkdale Farmers' Market on Wednesdays, along with some concept boards to help articulate the individual elements of the design. Comments, ideas and design thinking are welcome. You can express yourself directly to the committee by contacting Audrey Smith, Garden Chair at garden@parkdalecommunity.com.

If you aren't able to attend the market, you can also see a design by stopping in to Executive Director Bill Biccum's office at the Community Centre.

Part of the requirements for Board approval will be a feasibility study which gives evidence of community support and the need for this project. You can help generate this by filling out a

survey available at the community center, on page 11 or on-line at <http://www.parkdalecommunity.com> in the Garden section. The survey asks for your feedback including ways you see this benefiting our community, concerns you might have and suggestions for responding to those concerns.

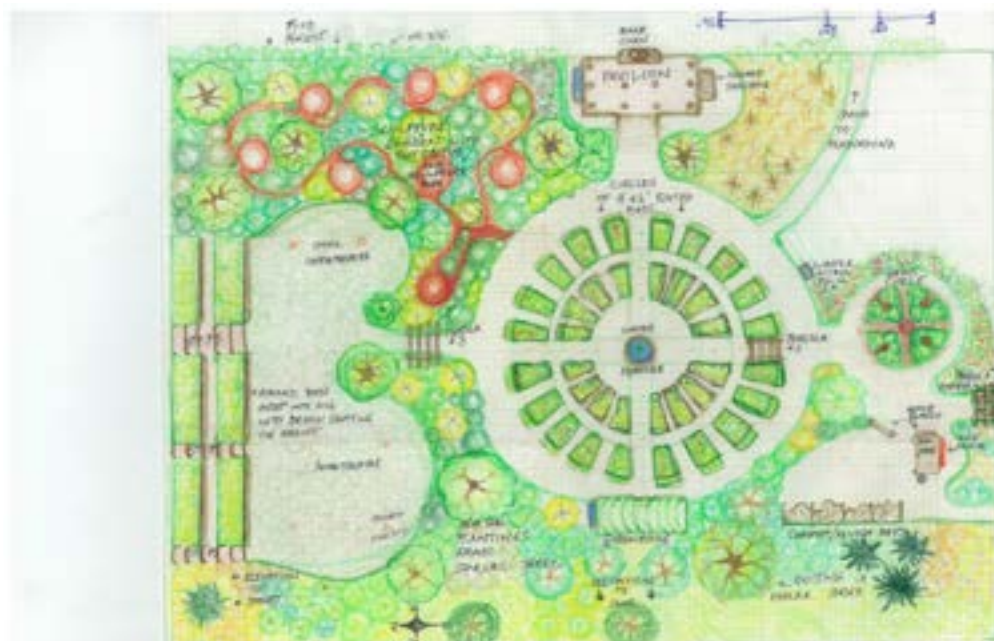
If you would like to join the effort to get a garden/gathering space built in our community, please contact me via e-mail. We welcome support, sponsorships or suggestions of any kind.

The garden team will be hosting fundraisers of many kinds in the coming months. Please watch for these in the newsletter, on the website and at the market.

Our first fundraiser is a BBQ package from Alberta Roaming Meats – one of our quality vendors at the market. They are offering packages of bison which you can be proud to serve your family and friends because of the health benefits and flavour. Roaming Alberta Meats bison are raised locally in Trochu, Alberta by farmers Brian and Amanda Newton, who believe in the ethical treatment of the bison they raise. With 50% less fat than beef and a sweet and rich flavor, bison is a delicious and nutritious red meat alternative, grass fed with no drugs or hormones. Please use the order form on pages 12 and 13 or interact with the form on-line at <http://www.parkdalecommunity.com>.

Our second fundraiser is a ceramic mural that community members will create with the support of a local ceramic artist (who is incidentally me). You can sign up for a tile experience – sculpt a relief tile which you will glaze and after firing will be assembled as a mural and installed on-site. Sign up at the Market on Wednesdays or by contacting me.

Along with fundraisers we will be depending on donations of many kinds from our community. We have already received some generous investment in the garden from some of our Parkdale families. If you would consider adding to the financial security of this project in that way, please speak with Bill Biccum at the Community Center or contact me directly.



Parkdale Garden/Gathering Space Survey

1. Do you think a community garden/gathering space would be a valuable amenity to add to the Parkdale Community? Please check the ideas that you agree with and use the notes section to add any thoughts about benefits or concerns.

- Residents can grow healthy food with their friends and families.
- Residents can have access to garden growing space.
- Residents can make friends and share information with other gardeners
- Residents can have access to a large scale compost facility
- Residents can have access to greenhouse facility for plant starts and 4 season gardening
- Residents can benefit from workshops and community expertise on many gardening topics such as soil remediation, 4 season greenhouse design and vermin-composting
- Residents can learn about the establishment of a food forest
- Residents can harvest from the food forest
- Residents can learn food preservation approaches such as food drying and fermenting
- Residents can have multi-use gathering spaces for informal gathering such as family picnics or more formal gathering space for events like family reunion, 'end of soccer season' parties or retirement parties
- Residents can have a safe, natural and peaceful place for children to play while they garden and socialize with friends

- Residents can meet new neighbors and make connections that offer new opportunities in this different setting
- Residents can participate in a year-round range of garden/gathering space activities such as scarecrow contests and ice sculpture installations
- Many community partnerships can be based in this site – school groups garden and learn, seniors have walking tracks through the garden, theatre groups offer outdoor events, workshops are offered on many topics
- Residents would have the opportunity to cook outdoors on installed BBQ's
- Residents would have the use of a roofed pavilion that offered shelter and seating for 4 season activities
- Residents would have the opportunity to share the use of a community wood-fired bake oven located in a pavilion
- Resident gardeners would have access to harvested water from the building roofs to use in the garden instead of city water (technology would be city approved)
- Residents would enjoy many art installations throughout the garden including a tile mural, ceramic art installed throughout the site
- Residents would enjoy the changing sculpture installations hosted by the sculpture garden in the food forest
- An outdoor gathering space with built-in seating could offer a venue for many activities including drama, music and other performances as well as educational offerings

Please make any suggestions, concerns and ideas below:



PAVILION PARKDALE COMMUNITY GARDEN



HERB GARDEN PARKDALE COMMUNITY GARDEN

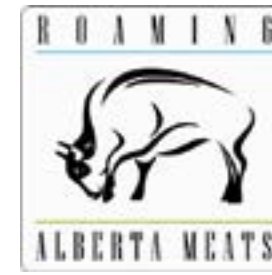


Local. Ethical. Sustainable. Delicious.

www.roamingabmeats.com

Parkdale Community Garden Fundraiser Order Sheet

ITEM #	PRODUCT	DESCRIPTION	PRICE PER LB.	PRICE PER KG.	APPROX. PRICE PER PACKAGE	# PACKAGES
Delicious Steaks						
1	Tenderloin Steak	2 x approx. 160g steaks	\$33.00	\$72.75	\$23	
2	Striploin Steak	2 x approx. 200g steaks	\$22.00	\$48.50	\$19	
3	Rib Eye Steak	2 x approx. 200g steaks	\$19.00	\$41.89	\$19	
4	Sirloin Steak	2 x approx. 200g steaks	\$13.00	\$28.66	\$11	
5	Sirloin Tip Steak	2 x approx. 360g steaks	\$11.50	\$25.35	\$10	
Comfort Bison						
10	Sirloin Tip Roast	Approx. 1.9 kgs per package	\$11.00	\$24.25	\$46	
N/A	Inside Round Roast	Approx. 1.1 kgs per package	\$11.00	\$24.25	N/A	N/A
N/A	Outside Round Roast	Approx. 1.1 kgs per package	\$10.00	\$22.05	N/A	N/A
13	Eye of Round Roast	Approx. 1.6 kgs per package	\$10.00	\$22.05	\$35	
14	Cross Rib Roast	Approx. 1.1 kgs per package	\$10.00	\$22.05	\$24	
15	Stew Meat	Approx. 700g per package	\$12.50	\$27.56	\$19	
16	Brisket	Approx. 1.3 kgs per package	\$12.00	\$26.46	\$34	
17	Short Ribs	Approx. 1.2 kgs per package	\$10.50	\$23.15	\$28	
18	BBQ Ribs	Approx. 1.2 kgs per package	\$10.50	\$23.15	\$24	
19	Finger Ribs (Back Ribs)	Approx. 975g per package	\$11.30	\$24.86	\$24	
25	Soup Bones	Approx. 900g per package	\$2.50	\$5.51	\$5	
26	Dog Bones	Approx. 450g per package	\$2.00	\$4.40	\$3	
Ground & Gourmet Burgers						
30	100% Ground Bison	Approx. 450g / 1lb per package	\$10.00	\$22.05	\$10	
31	100% Ground Bison	10 x Approx. 450g per package	\$9.50	\$20.94	\$95	
32	Seasoned Gourmet Hamburgers (no fillers!)	4 x Approx. 170g patties	\$11.50	\$25.35	\$17	
33	Seasoned Gourmet Hamburgers (no fillers!)	24 x Approx. 170g patties	\$11.25	\$24.80	\$100	
34	Bacon & Onion Hamburgers (real bacon)	4 x Approx. 170g patties	\$12.00	\$26.46	\$18	



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ITEM #	PRODUCT	DESCRIPTION	PRICE PER LB.	PRICE PER KG.	APPROX. PRICE PER PACKAGE	# PACKAGES
Savory Sausages (Local, grain-fed pork added to sausages – this lean meat needs a little bit of lubricant!)						
40	Garlic Fry Bison Sausage	4 x approx. 100g sausages	\$12.00	\$26.46	\$11	
41	Bison Smokies	4 x approx. 100g sausages	\$13.00	\$28.66	\$12	
42	Mexican Chorizo Sausage	4 x approx. 100g sausages	\$12.00	\$26.46	\$11	
43	Garlic Bison Coil	Approx. 275g per package	\$13.00	\$28.66	\$8	
44	Italian Bison Pepperoni	6 x approx. 40g pepperoni	\$22.00	\$48.50	\$12	
45	Bison Breakfast Sausage	12 x approx. 35g sausages	\$15.20	\$33.56	\$14	
46	Bison Summer Sausage	Approx. 500g per package	\$15.90	\$35.05	\$18	
Jerkin' Around						
50	Bison Bacon	Approx. 450g per package	\$15.00	\$33.07	\$15	
51	Extruded Bison Jerky	Approx. 350g per package	\$26.00	\$57.32	\$20	
52	Regular Bison Jerky	Approx. 350g per package	\$32.00	\$70.55	\$25	
53	Teriyaki Bison Jerky	Approx. 350g per package	\$34.00	\$74.96	\$26	
54	Sweet & Spicy Bison Jerky	Approx. 350g per package	\$34.00	\$74.96	\$26	
Fundraiser Freezer Value Package						
Pkg-F	(5) x approx. 450g Ground Bison, (1) pkg. of (4) x approx. 170g Seasoned Gourmet Bison Hamburgers, (1) pkg. of (4) x approx. 100g Garlic Fry Bison Sausages, (1) pkg. of (4) x approx. 100g Bison Smokies, (2) pkg. of (2) x approx. 200g Sirloin Steak				\$100	

Order your bison for the Parkdale Garden Fundraiser using this form and submit to (iBill Biccum at the Community Center Office) or through our website, using the code PARKDALE in the "Company" field: <http://roamingabmeats.com/shop/>. Submit your order by the fundraiser cut-off date of July 26. An invoice will be emailed to you detailing your exact order (specific product weights) and amount owing within 1 week of pick-up date. If no email address, your amount owing will be provided to you at time of pick-up. Pick up and pay (cash, Visa or Mastercard) for your order on (August 7) at the Parkdale Community Association Farmer's Market from Roaming Alberta Meats. For more information about our products, please visit our website: <http://roamingabmeats.com/> or contact us at roamingabmeats@gmail.com.

Name:		Phone:	
Email:			

Help Wanted



Looking for a volunteer Social Director or someone who likes to organize events. Willing to train. Contact Tanya at carrot-top@shaw.ca.



Farmers' Market Volunteers

We require one or two volunteers to bring back the market signs every Wednesday evening after the market closes. There are approximately 15 signs. A truck or van is required, and the task takes about 20 minutes.



Photo Credits

The pictures in this issue were provided courtesy of:

Colin Brandt - pictures from the AGM (in the banner on page 1, the icons for the AGM article on pages 1 and 7 and PCA Strategic Plan article on page 4; and all PCA Family Day pictures (icon on the page 1 Family Day article and on page 14).

Deb Curley - house moving pictures (in the banner on page 1 and the House Move article on pages 6 and 7).

Steve Lemp -Farmers' Market picture (as the icons for the article on page 4 and the request for volunteers on page 14).

Colleen Amundson for the picture of her husband and daughter on page 6 in the article Escarpment is a Place for Healing.

Tanya Massey for the Saturday Night Fever picture below.

Save the Date!



Parkdale's Annual Saturday Night Fever Fundraiser is on October 5, 2013 at 7:00 pm. Get ready to dance the night away with DJ Jorge and support your community association. Tell your friends this is one party they don't want to miss! Dressing up 70s is optional but you really don't want to miss out on the fun.

Volunteers are needed so please contact me if you want to help make this event happen. I am looking for donations of food, beverages, raffle prizes and door prizes. Please call Tanya Massey at 283-1839 to volunteer or for more information.

Thanks for your support!

Connie D, can you please return the trophy to PCA office? Thank you!

WOOD'S HOMES
STAMPEDE BREAKFAST!
JULY 10 (7:30-11 A.M.)
805 37 St. NW
PARKDALE
GREAT FOOD MUSIC GAMES PRIZES!
WORKING WITH AT-RISK YOUTH AND FAMILIES SINCE 1914
WOOD'S HOMES
SERVING CHILDREN AND THEIR FAMILIES

Pictures from the PCA Family Day



Lube Town A Different Way of Doing Business



Lube Town is changing the way consumers do vehicle maintenance. Vehicle maintenance used to be a pain. You have to make your appointment in advance and be without your vehicle for a day. Today, you can drive to any of the bay doors at Lube Town, and have necessary services completed while you wait. The hassle of waiting hours at the dealership to get an oil change is eliminated because Lube Town's services and products are warranty approved. Consumer with vehicles under warranty now have a choice as to when, where and how they want their vehicle maintained.

Lube Town is altogether a different kind of business. They are a family business and not a franchise. Technicians are certified by the AOCA (Automotive Oil Change Association). Technicians are treated like family and in return treat customers like family. Technicians do not work on commission. You will see familiar faces when you come to Lube Town, technicians stay at their jobs because they enjoy their work.

It's not all about business. Lube Town owners believe in the proverb "If you want to go fast, go alone. If you want to go far, go together". That's pretty much the environment at Lube Town. It's just a different way of doing business. While large corporations and franchises spend big dollars on TV ads, Lube Town believes in putting advertising dollars into community programs. Lube Town's GET & GIVE campaign is one example. Any one that comes into the shop with the ad gets \$5 off their oil change. Lube Town then in turn donate another \$5 to their choice of community programs. This way, every one benefits. This is Lube Town's way of going far.

Their way of doing business is not new. They have been around for more than five years. Their hard work was recognized by the Chamber of Commerce Okotoks. In 2012, Lube Town was nominated for Business of the Year and won the Service Excellence Award.

Come to Lube Town, you'll love the change!

Lube Town

10 Parkdale Crescent NW
403-283-3393

Mon-Fri 9am - 6pm, Sat 9am - 5pm
www.lubetown.com

Lube Town GET & GIVE Event
 Bring this ad in.
Get \$5 OFF your oil change &
Lube Town will GIVE \$5
 to your choice of
COMMUNITY PROGRAMS*
 Event Expires Sept 31, 2013.
*No cash value, can not be combined with other offer. Calgary location only. See store for details.

Upcoming Events at Morpheus Theatre



MORPHEUS THEATRE 2013/2014 SEASON

Morpheus Theatre is pleased to announce our 2013/2014 season, with all shows being performed at the Pumphouse Theatre! Season Ticket packages are now available.

Join us for our 19th Season of Shows Worth Seeing!

BOEING BOEING – October 4 - 12, 2013

by Marc Camoletti, Translated by Beverly Cross and Francis Evans

Ladies and gentlemen, if you would please take your seats and direct your attention to the front of the theatre, where you are sure to be met with the turbulent fun and laughter of classic farce at its best. Your director for this season's opener is James Noonan as Morpheus Theatre starts the season off right with *Boeing Boeing*: a farce in every theatrical and hilarious sense of the word. We'll bring the fun to you; no need to worry about losing your luggage or jet lag – but if you are swinging bachelor, Bernard, you do need to worry about which fiancée is which, from where...and when...and when a faster Boeing lands them all in the same place at the same time, you'd definitely need to worry about how you'll possibly get through it all! Is it love, l'amour or lieben? Ooh la la! Luckily, you get to sit back, relax and enjoy the show. In the case of uproarious laughter, please place your hands on your belly and laugh some more. Fly fast, funny and farcical with us this September with *Boeing Boeing* and thank you for laughing with Morpheus Theatre.

IT'S A WONDERFUL LIFE – December 6 - 21, 2013

Based on the classic film by Frank Capra

An inspirational, heartwarming story about giving and receiving, about life and all the paths we walk, about true and lasting love and guardian angels. Morpheus Theatre very proudly welcomes you to Bedford Falls with this holiday favourite, *It's a Wonderful Life*, directed by Janos Zeller. George Bailey spends his entire life working and living in Bedford Falls, putting aside dream after dream to ensure the right and honourable thing is done by the folks of the small town where he grew up. Up against vicious and miserly old Mr. Potter, George runs himself ragged and encounters no end of dirty schemes, dishonesty and disappointment. Beaten down and despairing, he ends up on a bridge on Christmas Eve, pondering a watery end when he meets Clarence, his guardian angel. Won't you come out tonight and be delighted with George and Mary and Zuzu and the whole town as they all learn a little something about hope and true happiness; that no man is a failure who has friends.

*Dates Are Subject to Change.

Contact Morpheus Theatre by calling (403) 246-2999; emailing tickets@morpheus theatre.ca; or stopping by the lower level of the Community Centre for more details.

COCKTAILS AT PAM'S – Jan 24 – Feb 8, 2014

by Stewart Lemoine

Being the perfect hostess is not easy. Just ask Pam. It's a fine art of pearls and gowns, repartee and knowing the difference between the maid and the cook. So when the cocktail party she is hosting descends into an evening of too many flowers, green drinks, a divorcée declaring the evils of green peppers and...charades, well it's not really going as smoothly as Pam might wish. We, on the other hand, think it's absurdly charming and a lovely addition to our 2013-2014 season. Delightfully quirky, this comedy by Canadian Playwright Stewart Lemoine and directed by Alice Nelson, is sure to warm you up with some laughter; or as our hostess would exclaim, "Mirth! Mirth!" Join us in January as we host *Cocktails at Pam's* and remember, we never act on Mondays but there are plenty of other days to choose from. Book your tickets soon, pull out the jacket or the little black dress and be ye blithe, we're always happy to see our guests.

THE PIRATES OF PENZANCE – April 18 – May 3, 2014

by W.S. Gilbert and Arthur Sullivan

With catlike tread...no, no, more like: with joyful proclamation and patter, we proudly announce: The pirates are coming! The pirates are coming! A favourite of Gilbert and Sullivan enthusiasts, *The Pirates of Penzance* is a wonderful romp through such favourites as "Oh, Better Far to Live and Die", "How Beautifully Blue the Sky" and of course, "I Am the Very Model of a Modern Major-General". Directed by Tim Elliott & Mike Johnson, this clever classic tells the story of Frederick, who is freed from his apprenticeship to a rather merry gang of pirates on the occasion of his 21st birthday. When he meets Mabel, he falls head over heels in love only to have his happy hopes dashed by the discovery that he is only five years old, since he was born February 29th in a leap year. All kinds of tomfoolery unfurls as we meet the colourful cast of characters and watch poor Frederick grapple with the bonds of love, duty and a most convenient paradox. Oh, Better Far...to book early and join us for this adventure on the high seas of music and laughter. And we mustn't forget, Rapture!

MORPHEUS G&S JUNIOR THEATRE SCHOOL

Our Theatre School program will be returning for a third year culminating in a production of *The Pirates of Penzance* on the set of our mainstage production in the Victor Mitchell Theatre at the Pumphouse Theatre next spring. All interested youth (whether children or grandchildren), ages 9-14, who wish to expand acting skills and challenge themselves with the lyrics and patter of a Gilbert and Sullivan operetta, should enroll forthwith in Morpheus G&S Junior! The theatre school program will run Saturday mornings from 10:00-11:30 beginning in Mid-October, 2013. This program is unique in that it focuses solely on the works of Gilbert and Sullivan, in conjunction with our theatre season. Classes will include professional instruction in Acting and Voice.